

School Lunch Order Form

Name of Child: _____ Class: _____

Tick the days where you would like a school meal, **please remember to put in a filling code for your choice of baked potato or baguette**. Lunches cost £2.15 for children (except Otter class who are entitled to a free school meal), parent/relative lunches cost £2.55.

Allergy information available on request, please speak to our Catering Manager.

Menu Week 1:		w/c 31 st December 2018				
		Hot Meal	Hot Vegetarian	Baked Potato	Baguette	Bringing Own Sandwiches
Mon	Christmas Holidays					
Tue						
Wed						
Thu	Fish Day					
Fri	Spaghetti Bolognaise					

Menu Week 2:		w/c 7 th January 2019				
		Hot Meal	Hot Vegetarian	Baked Potato	Baguette	Bringing Own Sandwiches
Mon	Cheesy Yorkshire Puddings					
Tue	Sausage & Mash					
Wed	Roast Dinner					
Thu	Popcorn Chicken					
Fri	Fish Day					

Menu Week 3:		w/c 14 th January 2019				
		Hot Meal	Hot Vegetarian	Baked Potato	Baguette	Bringing Own Sandwiches
Mon	Cheese and Tomato Pizza					
Tue	Nacho Chicken					
Wed	Roast Day					
Thu	Tacos					
Fri	Fish Day					

Fillings:

- | | | | |
|---------------------|----------------|-------------------------|-------------|
| 1 Tuna Mayo & Salad | 2 Tuna Mayo | 3 Egg Mayo & Salad | 4 Egg Mayo |
| 5 Ham & Salad | 6 Ham | 7 Cheese & Salad | 8 Cheese |
| 9 Tuna only | 10 Baked Beans | 11 Baked Beans & Cheese | 12 Coleslaw |
| 13 No filling | | | |

See overleaf for full menu

Amount Enclosed: £

Cash

Cheque Please make cheques payable to **The Federation of SGASA**

Reminder – Otter Class do not have to pay for a school meal.

Please return to the School Office.

Menu Week 1: w/c 31 December 2018

Menu	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Main Hot Meal	Christmas Holidays			Fish Fingers	Spaghetti Bolognese
Vegetarian Option				Vegetarian Nuggets	Vegetarian Spaghetti Bolognese
Sides				Crispy Cubes Peas	Garlic Bread
Dessert				100% Fruit Lolly	Flapjack

Menu Week 2: w/c 7 January 2019

Menu	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Main Hot Meal	Cheesy Yorkshire Puddings	Sausage & Mash	Roast Turkey Yorkshire Pud and Gravy	Popcorn Chicken	Fishwich
Vegetarian Option		Veggie Sausage & Mash	Roasted Quorn Fillet	Quorn Italienne	Vegetarian Nuggets
Sides	Baked Beans Sauté Potato	Carrots Gravy	Roast Potatoes Carrots & Peas	Mash Potatoes Beans	Crispy Chips Peas
Dessert	Ice-cream & Mandarins	Iced Sponge	Chocolate Crispy	Fruit and Ice-cream	Schools Favourite Biscuit

Menu Week 3: w/c 14 January 2019

Menu	Meat Free Monday	Tuesday	Wednesday	Thursday	Friday
Main Hot Meal	Cheese & Tomato Pizza	Nacho Chicken	Local Roast Pork, Yorkshire Pud and Gravy	Mince Tacos	Fish Fingers
Vegetarian Option		Quorn Chicken	Roasted Quorn Fillet	Quorn Tacos	Quorn Dippers
Sides	Pasta Salad	Mixed Rice Sweetcorn	Roast Potatoes Carrots & Cabbage	Salad Bar	Crispy Chips Baked Beans
Dessert	Fresh Fruit Platter	Fruit & Jelly	Apple Crumble and Custard	Smoothie	Chocolate Crispy

Alternative Option: Crusty Baked Baguette or Baked Potato with a choice of fillings.

The following items are also available each day:

Selection of salad bowls (sweetcorn, cucumber, tomatoes, lettuce, mixed peppers, diced beetroot, carrots, raisins).

Fresh bread – fresh fruit and yogurt – milk and water.

References are from the Essex and Suffolk recipe book unless otherwise stated.